

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Clubhouse Hours</u> Monday -Friday 9am-10pm Saturday & Sunday 9am-8pm	<u>Cloud Casino Hours</u> Mon &Tue - Closed Wed, Thurs, Fri 5pm-10pm Pool Bar Sat &Sun 12pm-8pm	<u>Desert Orchid Spa Hours:</u> Wednesday 10am—4pm Thursday 10am—7pm Friday 10am—5pm Saturday 9am—5pm Sunday 11am—4pm	<u>Pool Hours:</u> Mon, - Fri 11am-7pm Sat and Sun 10am-7pm *Indoor Pool inclement weather Indoor Pool Children Swim Hours 2:00pm—4:00pm	<u>Raceway Café Hours:</u> Monday-Sunday 9am-6pm	1 10:00am “Intro to Yoga” 1:00pm Canasta Club 4:00pm “Body Integration” 7:00pm Friday Movie: Jane Austen’s Book Club”	2 10:00am “Body Sculpting” 12:00pm-4pm Poolside BBQ 3:00pm “Body Integration” 3:00pm Saturday Movie: “Little Miss Sunshine”
3 9:00am Yoga w/Olga \$5 10:00am “Body Integration” 12:00pm-4pm Poolside BBQ 3:00pm “Body Sculpting” 3:00pm Saturday Movie Repeat	4 9:00am Yoga w/Olga \$5 10:00am “Body Integration” 1:00pm Mah Jong 4:00pm “Body Sculpting” 7:00pm Special Events Meeting-B 7:30pm Monday Movie– “Hairspray”	5 10:00am “Cardio & Ball “ 1:00pm Beginners Canasta 6:00pm “Upper Body Blast” 7:00pm Bridge & Mah Jong 7:30 Pointe Players Meeting-CC 7:30 pm Monday Movie Repeat	6 9:00am Yoga w/Olga \$5 10:00am “Step N Sculpt” 1:00pm Canasta Club 4:00pm “Body Sculpting” 7:00pm Poker Club-CC Pool Deck Closed at 5PM	7 10:00am “Cardio Sculpt” 10:00am Bead Weaving Club 6:00pm-8:00pm Happy Hour-P 6:00pm “Lower Body Blast” 7:30pm Card Night	8 10:00am “Intro to Yoga” 1:00pm Canasta Club 4:00pm “Body Integration” 7:00pm Friday Movie: “Ocean’s Twelve 7:00pm –9pm TGIF \$15	9 10:00am “Body Sculpting” 12:00pm-4pm Poolside BBQ 3:00pm “Body Integration” 3:00pm Saturday Movie: “The Illusionist”
10 9:00am Yoga w/Olga \$5 10:00am “Body Integration” 12:00pm-4pm Poolside BBQ 3:00pm “Body Sculpting” 3:00pm Saturday Movie Repeat	11 9:00am Yoga w/Olga \$5 10:00am “Body Integration” 1:00pm Mah Jong 4:00pm “Body Sculpting” 7:00pm Football Club Meeting-CC 7:30pm Monday Movie– “Twelve Angry Men”	12 10:00am “Cardio & Ball “ 1:00pm Beginners Canasta 6:00pm “Upper Body Blast” 7:00pm Bridge & Mah Jong 7:30 pm Monday Movie Repeat	13 9:00am Yoga w/Olga \$5 10:00am “Step N Sculpt” 1:00pm Canasta Club 4:00pm “Body Sculpting” 7:00pm Poker Club-CC	14 10:00am “Cardio Sculpt” 10:00am Bead Weaving Club 6:00pm-8:00pm Happy Hour-P 6:00pm “Lower Body Blast” 7:30pm Card Night	15 10:00am “Intro to Yoga” 1:00pm Canasta Club 4:00pm “Body Integration” 7:00pm Friday Movie: “The Odd Couple”	16 10:00am “Body Sculpting” 12:00pm-4pm Poolside BBQ 3:00pm “Body Integration” 3:00pm Saturday Movie:“” “The Diving Bell & the Butterfly”
17 9:00am Yoga w/Olga \$5 10:00am “Body Integration” 12:00pm-4pm Poolside BBQ 3:00pm “Body Sculpting” 3:00pm Saturday Movie Repeat	18 9:00am Yoga w/Olga \$5 10:00am “Body Integration” 1:00pm Mah Jong 4:00pm “Body Sculpting” 7:30pm Monday Movie– “ The Departed”	19 10:00am “Cardio & Ball “ 1:00pm Beginners Canasta 6:00pm “Upper Body Blast” 7:00pm Bridge & Mah Jong 7:30 pm Monday Movie Repeat	20 9:00am Yoga w/Olga \$5 10:00am “Step N Sculpt” 1:00pm Canasta Club 4:00pm “Body Sculpting” 7:00pm Poker Club-CC 7:30pm Book Club \$10 –CR	21 10:00am “Cardio Sculpt” 10:00am Bead Weaving Club 6:00pm-8:00pm Happy Hour-P 6:00pm “Lower Body Blast” 7:30pm Card Night	22 10:00am “Intro to Yoga” 1:00pm Canasta Club 4:00pm “Body Integration” 7:00pm Friday Movie: “ Catch Me If You Can ” 6:30pm-10pm A Night of Song with Tony Della \$10	23 10:00am “Body Sculpting” 12:00pm-4pm Poolside BBQ 3:00pm “Body Integration” 3:00pm Saturday Movie: “The Aviator”
24 9:00am Yoga w/Olga \$5 10:00am “Body Integration” 12:00pm-4pm Poolside BBQ 3:00pm “Body Sculpting” 3:00pm Saturday Movie Repeat 6pm-8pm Meet N Greet	25 9:00am Yoga w/Olga \$5 10:00am “Body Integration” 1:00pm Mah Jong 4:00pm “Body Sculpting” 7:00pm Special Events Meeting –B 7:30pm Monday Movie– “ Across The Universe”	26 10:00am “Cardio & Ball “ 1:00pm Beginners Canasta 6:00pm “Upper Body Blast” 7:00pm Special Events Meeting 7:00pm Bridge & Mah Jong 7:30pm Singles Club Meeting 7:30 pm Monday Movie Repeat	27 9:00am Yoga w/Olga \$5 10:00am “Step N Sculpt” 1:00pm Canasta Club 4:00pm “Body Sculpting” 7:00pm Poker Club-CC	28 10:00am “Cardio Sculpt” 10:00am Bead Weaving Club 6:00pm-8:00pm Happy Hour-P 6:00pm “Lower Body Blast” 7:30pm Card Night	29 10:00am “Intro to Yoga” 1:00pm Canasta Club 4:00pm “Body Integration” 7:00pm Friday Movie: “Bridget Jones Diary” 7:00pm KARAOKE-CC	30 10:00am “Body Sculpting” 12:00pm-4pm Poolside BBQ 3:00pm “Body Integration” 3:00pm Saturday Movie: “Charlie Wilson’s War”
31 9:00am Yoga w/Olga \$5 10:00am “Body Integration” 3:00pm “Body Sculpting” 3:00pm Saturday Movie Repeat 5pm-9pm —2nd Annual Lobster Bake \$75 Pool Deck closed at 2PM	<u>Fitness Center</u> Monday-Fri 7am-10pm Saturday and Sunday 7am-8pm Sunday 9am-9pm	SAVE THE DATE ! FREDDIE ROMAN to perform on Friday, Sept 19th In the Ballroom	NO WATER AEROBICS IN AUGUST	SAVE THE DATE ! Grandparent’s Day Saturday, Sept 6th	LEGEND Raceway Café-RC Cloud Casino-CC Ballroom-B Spa-S Movie Theater-M	<u>Clubhouse-CH</u> <u>Card Room-CR</u> <u>Fitness Center-F</u> <u>Pool-P</u> <u>Piano Lounge-PL</u> <u>Library-L</u>

Want to know more about Events & Activities?
Check the events book at the concierge desk
when you visit the clubhouse!

Summer Clubhouse Hours:

Monday-Friday- 9am- 10pm
Saturday & Sunday-9am-8pm

Fitness Center Hours
Monday-Friday 7am-10pm
Saturday and Sunday 7am-8pm

**No Water Aerobics
In August**

For your convenience, Clubhouse Debit Cards
can be purchased at the Concierge Desk.

Join the Mileage Club in the Fitness Center
and track how much you walk/run during the month.

Every Thursday Night starting at 6pm
is Happy Hour at Poolside*
*weather permitting

August Spa Specials
Manicure and Pedicure Special \$25 with Angel
25% off One Hour Massage with Kathy or Olga
by appointment only 516-222-7755

*Any questions about specific events on the calendar can be directed
to the concierge desk at 516-222-0800.
**Hours, times and fees subject to change
*** Please RSVP 516-222-0800 or sign up
in the events book on the concierge desk. (class size is limited)

Meadowbrook Pointe August 2008 Calendar



Featured Events & Activities

(see inside for details)

August 8th	7pm- 9 pm	TGIF
August 22nd	6:30pm-10pm	A Night of Song w/Tony Della
August 24th	6pm- 8 pm	Meet N Greet
August 29th	7pm- 10pm	Karaoke
August 31st	5pm- 9pm	2nd Annual Lobster Bake

Weekend BBQ — Saturday and Sunday

Happy Hour-Every Thursday 6pm—8pm

SAVE THE DATE

September 6th- Grandparent's Day

September 19th—Comedy Night with Freddie Roman